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Media Contact
Justine Houston-Brown
Rocket Launch PR
(909) 660-2173
justine@rocket-science.com

Orange County Community Foundation Hosts “Love Is” Giving Day on February 10 to Support Healthy Teen Relationships

NEWPORT BEACH, Calif. (January 26, 2021) — On February 10, the Orange County Community Foundation (OCCF) will host the third annual Love Is Giving Day, a 24-hour online effort to support healthy teen relationships in Orange County. The Giving Day aims to raise $100,000+ for local nonprofits who are committed to supporting, educating, and empowering Orange County teens.

The past few years have seen a startling uptick in self-harm, suicide, domestic abuse, and hate crime cases in Orange County. Those numbers have only increased since the pandemic began in March, as school closures and other social distancing requirements have cut off a primary source of psychological support for many teens, putting them at higher risk of anxiety or depression. The participating nonprofits have also seen an increase in calls and need for services. Women’s Transitional Living Center, Inc., for example, reported a 70% increase in calls for shelter, counseling, legal services, and safety plans, and Laura’s House was receiving nearly 100 calls per day.

The Love Is Giving Day is an opportunity for donors to be part of a combined effort aimed at delivering life-changing support to those who need it. The partnering nonprofits – focused in the areas of mental health support, domestic violence prevention, and LGBTQ+ advocacy – share the common mission of helping Orange County teens achieve well-being.

During the 24-hour online campaign funds will be raised for: Casa de la Familia; Find Your Anchor; Initiative to End Family Violence, UC Irvine; Laura’s House; LGBTQ Center OC; OC Pride; Orange County Family Justice Center Foundation; Planned Parenthood of Orange & San Bernardino Counties, Inc.; The Priority Center; and Women’s Transitional Living Center, Inc.

OCCF hopes the campaign will shed light on some of the prevalent issues facing Orange County teens and raise awareness for available resources. Held during Teen Dating Violence Awareness and Prevention Month and with Valentine’s Day around the corner, the Giving Day challenges us to redefine what Love Is and inspires individuals to recognize their inherent value by acknowledging that:

- Love Is Self-Love
- Love Is Self-Worth
• *Love Is* Acceptance
• *Love Is* a Positive Identity

“This *Love Is* Giving Day is a chance to deliver critical support to local nonprofits who are working hard to provide a nurturing and empowering environment to those in need,” said Tammy Tumbling, executive vice president and COO of OCCF. “We are proud to help facilitate this collaborative community effort which seeks to break cycles of self-harm, violence, and abuse – and together build a safer and more loving Orange County.”

The *Love Is* campaign is part of OCCF’s iheartOC Collaborative Giving Days, an annual initiative which designates 10 days out of the year as cause-specific giving days and challenges residents to engage in supporting ongoing community issues. The online giving model matches OC nonprofits with shared missions – from homelessness to preserving ecosystems to supporting local veterans – to gain momentum on one shared day and leverage a combined marketing effort for collective success. In 2020, the 10 days secured support from 6,476 donors and raised a record $3,227,500 for 98 nonprofits. Since its start in 2015, OCCF’s Collaborative Giving Days has raised more than $10 million for Orange County nonprofits.

To give online during the 24-hour *Love Is* Giving Day, please visit [love-is-giving-day.ocnonprofitcentral.org](http://love-is-giving-day.ocnonprofitcentral.org). For more information about Orange County Community Foundation Collaborative Giving Days, please visit [oc-cf.org/givingdays](http://oc-cf.org/givingdays).

**About Orange County Community Foundation**

Founded in 1989, the Orange County Community Foundation (OCCF) works with donors, strengthens the local nonprofit sector and works to find solutions to community needs. Since its inception, OCCF has awarded more than $732 million in grants and scholarships, placing the organization in the top two percent in grantmaking among U.S. community foundations. For more information, visit [oc-cf.org](http://oc-cf.org) or call 949-553-4202. Be a part of our conversation on [Facebook](https://www.facebook.com) [Twitter](https://twitter.com) and [Instagram](https://www.instagram.com). View OCCF's 2020 annual report [here](http://oc-cf.org/annual-report-2020).

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